

Save the Date!

HOGJOG

5K RUN/WALK

Saturday, October 24th

N Elm Street, Adel GA

Adel-Cook County Chamber of Commerce
100 South Hutchinson Avenue
Adel, GA 31620
O: 229-896-2281 F: 229-896-8201
cookcochamber@windstream.net



Held in conjunction with the
Cook County Cook-Off Classic
Backyard Barbeque Competition
(Cook County Livestock Arena)

Schedule of Events:

7:00 am: Registration/check-in
8:00 am: Hog Jog 5K Run / Walk
9:15 am: Awards Ceremony

**Runners & Walkers
Welcomed!!**

Registration & Fees:

Hog Jog 5K Walk/Run:
Pre-registration is \$25 per individual if received on or before Oct. 15. Family of (4) \$75 + \$15 each additional family member. Each family member must complete a separate form.
***STUDENT DISCOUNT \$15 (18 yrs or younger)**
***Late and Day of Registration: \$30 per person**

Awards:

Overall Male & Female Winner,
Top Male & Female Masters,
Top (2) Males and Females from each age group

Sponsored By:



Line Services provided by A COURSE /LINE, LLC of Valdosta. For more information contact the Chamber office at 229-896-2281. Event registration forms available at the Adel Chamber or online at www.adelcookchamber.org & www.runningtheusa.com

Please return completed entry form(s) to the Adel-Cook County Chamber of Commerce with cash or check payable to Adel-Cook County Chamber of Commerce.

CHOOSE YOUR AGE CATEGORY BELOW:

12&Under 13-19 20-29 30-39 40-49 50-59 60-69 70 & Over

Name: _____ Male Female

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Birthdate: _____ Age: _____

Total Due: _____

WAIVER: I waiver any and all claims for myself, and my heirs and assigns, against Adel-Cook County Chamber of Commerce, all race co-sponsors, volunteers and all race officials, including A Course/Line, LLC of Valdosta, the City of Adel, and any subsidiary or political subdivision thereof, its or their representatives, successors, and assigns for injury or loss which may directly or indirectly result from my participation in this event. I further state that I am in proper physical condition and have trained for completion of the event. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recording or any other records of this event for any purpose whatsoever.

Signed: _____ (signature of parent or guardian if under 18)